



Facing Temptation with Jesus

by Peter III

Every day, you face temptations. Many times, these are temptations to sin — to violate God's commands in Scripture. However, have you ever met a tempting piece of chocolate cake or an offer of an enjoyable evening out? While we say a piece of chocolate cake or an evening with friends is tempting, Scripture is clear that we will face real temptations to sin against God's will for us. How do you deal with sinful temptations when you recognize them? How do you faithfully live in a world where you are continually tempted?

*Once you have answered the questions,
continue reading below.*

Temptation is a constant presence. It comes from the world around us, from the devil and even from within your own body. That does not mean that temptation rules over you. Jesus Christ is the escape from temptation, and He is for you. He does not give you permission to give in to temptation. You have died to sin, how can you still live in it (ROM. 6:1-2)? In the day of temptation, Jesus answers the prayer that He taught you, and He delivers you from temptation. After all, He is your Savior. LW

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1. Read Genesis 4:1-8. What sins crouched at Cain's door, tempting him? What sins crouch at your door, tempting you? What emotions reveal your temptations to sin? What thoughts tempt you away from God's will for you? Which of your actions in your life deny God?

2. Read 1 Corinthians 10:1-13, and reread verse 13. What temptations were common to the people of Israel when God brought them out of Egypt and into the Promised Land? How do you face the same temptations?

3. First Corinthians 10:13 says that God will provide a way of escape from temptation. Ultimately, how has God given you an escape from temptation?

4. Read Matthew 4:1-11. When Jesus was tempted, how did He respond? How can you respond to temptation based on His example?

5. Read Matthew 6:9-13. What is the value of praying for God not to lead you into temptation but to deliver you from evil?

6. Read 1 Timothy 4:7-10. How can you include bodily actions in training yourself in godliness?