

A Mighty Fortress Is Our God

Lutheran Service Book 656/657 | study by Marion Lars Hendrickson

Introduction

Martin Luther (1483–1546) wrote a poem to serve as the preface to Joseph Klug’s *Geistliche Lieder*, revised and published in Wittenberg in 1543. In his poem, Luther wrote, in part, “Of all the joys that are on earth / Is none more dear nor higher worth, / Than what in my sweet songs is found / And instruments of various sound. / Where friends and comrades sing in tune, / All evil passions vanish soon... . The heart grows still when I am heard, / And opens to God’s Truth and Word.”

Exploring the Scriptures

Luther’s famous hymn is inspired by the words of Psalm 46 and the comfort Luther himself found in this psalm. Read Ps. 46:1–3.

- In the opening verse, the writer states his confidence. What do you think is the basis for his confidence? If your answer is “experience,” what sorts of experiences might they have been? If your answer is “faith,” what is the source of such faith?
- Verses 2–3 use parallel thoughts to emphasize a major point. If the writer has events in Israel’s history in mind, what might some of them be? Although written long before the New Testament era, what are some events in the Gospels or in Acts in which these words of Psalm 46 could come to mind?

Read Ps. 46:4–7.

- Jerusalem, Israel’s capital and the site of the temple, had springs of water supplying the city but no river flowing through it. What could the writer have in mind with verse 4? The prophets wrote of such a stream in Jerusalem. Read Joel 3:18 and Zech. 14:8. What do the

Luther’s own hymn, “A Mighty Fortress Is Our God,” has captured these very sentiments over the five centuries since he wrote the text and composed the tune.

- What are some of the feelings you have when you sing this hymn? How do the text and music together contribute to these feelings?
- Describe the image that comes to mind when you think of the word “fortress” in this hymn.

prophets have in mind? See also Rev. 22:1–8. In what ways are these images of the Holy Spirit? What does God’s Spirit have to do with the confidence within this psalm? Based on Ps. 46:4–7, what sort of fortress is God?

Read Ps. 46:8–11.

- In the third part of the psalm, the writer invites the reader to meditate, “Come, behold the works of the LORD.” In this psalm, the writer points to the end of war and conflict as an act of God. What are some other possible “acts of God” on which a person could meditate beneficially?
- Verse 10 suggests the outcome of such meditation. Do you agree? Are the words of verse 10 words of fear or of praise? Or both? Why? To whom is God saying, “Be still” — the noisy world or the person of faith in the noisy world? Why? Read Mark 4:35–41. Notice any similarities?
- The final verse repeats the theme. After all has been said, what sort of fortress is God?

Exploring the Hymn

Background

While Luther’s hymn has been employed in triumphal ways — the Swedish Lutheran king Gustavus Adolphus made his army sing this hymn before the Battle of Leipzig in 1631; the 19th-century German literary figure Heinrich Heine (1797–1856) called it the Marseillaise of the Reformation — Luther himself called it a hymn of comfort. In the period 1527–31, when the hymn began to appear in a number of hymnals, Luther was surrounded by troubles. In 1527, 10 years had passed since Luther posted his 95 Theses in

Wittenberg. During this time and after, he was buffeted by theological and political storms. His own life was in danger from the empire, from Rome and from outbreaks of the plague. The darkness of depression often closed in on him.

- What are some major cataclysms of the present day that could send a person to seek the comfort expressed in Luther’s hymn?
- What sort of personal troubles — physical, emotional, spiritual — could also find comfort in this hymn?

Whenever Luther's world would "roar and foam" like the waters in Ps. 46:3, he would invite his friends to join him in singing this hymn. In 1530 at Coburg, while awaiting the outcome of the Diet of Augsburg, Luther sang his hymn often, perhaps daily.

- What is the comfort in the phrase "He's by our side" (*LSB* 656:4)?
- Luther mentions "weapons of the Spirit" (*LSB* 657:4). What might these be?
- What phrases in the hymn are helpful when a person's troubles are of long duration or an end to them is not in sight?
- What difference does it make, do you think, singing the hymn rather than simply reading the text?

Text

While Luther found inspiration for his hymn in the words of Psalm 46, he did not confine himself to that text alone. Read Rev. 19:11–16, where St. John sees a vision of a conquering rider on a white horse, who "in righteousness ... judges and makes war" (v. 11).

- According to stanza 2 of the hymn, who is this rider?
- What other clues to the rider's identity do you find in Rev. 19:11–16?
- Although the imagery of warfare is violent in this text, how does the rider's identity interpret that violence?
Hint: Think about the crucifixion of Jesus.

Making the Connection

In the preface to the Wittenberg edition of his writings, Luther wrote, "I want to point out to you a correct way of studying theology, for I have had practice in that. ... This is the way taught by holy King David ... in the one hundred nineteenth Psalm. There you will find three rules, amply presented throughout the whole Psalm. They are *Oratio* [prayer], *Meditatio* [meditation], *Tentatio* [affliction, trial]" (AE 34:285).

- In what ways is Luther's hymn a prayer? What is it asking? What hope does it express?

In Closing

As Luther said in his hymnal preface for Klug's *Geistliche Lieder*, where people of faith sing hymns, there is joy, "all evil passions vanish soon" and hearts are stilled and open to God's Word.

- Sing or read aloud together *LSB* 656 or 657.

Read Eph. 6:10–17. In this epistle, St. Paul uses the imagery of a Roman soldier.

- How is such imagery helpful and comforting?
- How can military imagery be misused within the Church?

For Martin Luther, the devil was no fictitious figure, but very real and troublesome. Read stanza 3 of the hymn.

- How is the devil portrayed?
- Luther writes in *LSB* 656:3, "This world's prince may still / Scowl fierce as he will." What do you think Luther means by "still"? Jesus' crucifixion is judgment upon Satan. What does this mean for us who live in the world?

Read Rom. 8:31–39. St. Paul's answer to his list of questions is verse 37: "No, in all these things we are more than conquerors through him who loved us."

- As the Small Catechism asks, what does this mean?
- Is this an answer based upon experience or on faith?
- Must a Christian have experiences similar to those listed by the apostle in this passage to express the same confidence? Why? Why not?
- If "the love of God in Christ Jesus our Lord" (v. 39) does not eliminate all of our troubles, what does it do? What sort of fortress does this make of God?

- Luther sang this hymn often. What is gained by the repetition? Does singing the text make a difference for meditation?
- Do you think Martin Luther would have expressed the confidence of the Gospel as boldly and forcefully as he did if he had not endured the troubles he faced? How have your own troubles thrown you back onto the promises of God in Christ?

Prayer

Almighty and gracious Lord, pour out Your Holy Spirit on Your faithful people. Keep us steadfast in Your grace and truth, protect and deliver us in times of temptation, defend us against all enemies, and grant to Your Church Your saving peace; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen (Collect for Reformation Day).